

5 STEP MENTORING PROGRAM



1. UNDERSTANDING YOU

2. SELF-DISCIPLINE

3. PRESENTATION

4. INTERACT

5. BELIEVE IN YOURSELF

Join our Youth 10-Week Program!

\$50 per visit once or twice a week TBD.

LET'S GET STARTED!

Email us at celestee@obmou.com or
call us at 919-944-1800 to sign up!

**"If each individual does their individual job,
that's what makes a team."**

Coach Fred